

Anchors Aweigh

A Discussion On the Four
Anchors of Success!

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Vulnerability

Motivation

Change Management

Emotional Intelligence

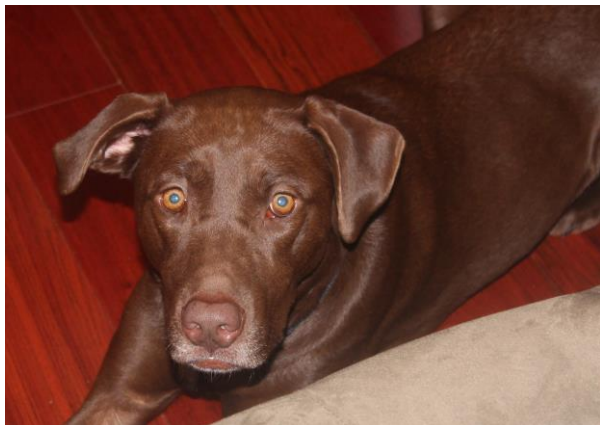
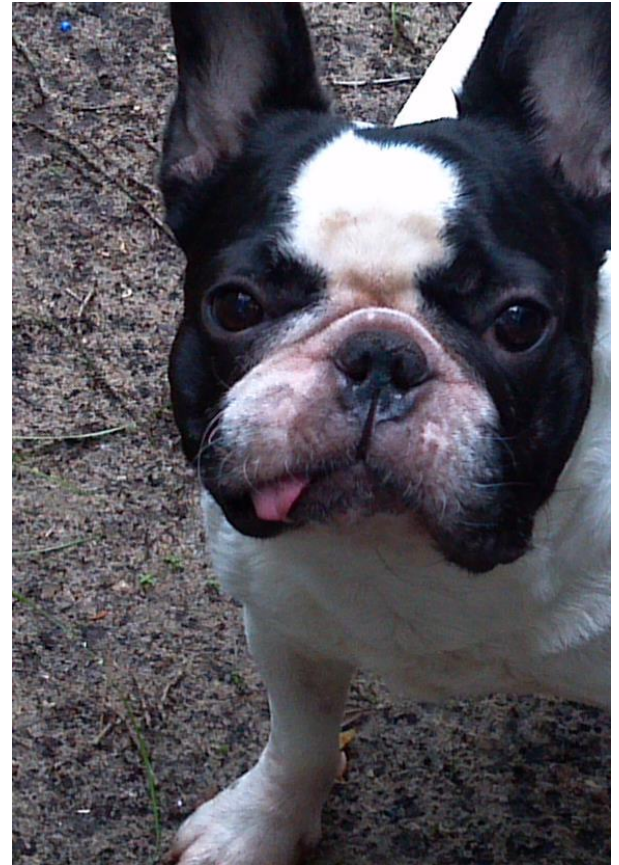


No one cares
what you
know about,
until they
know what you
care about!

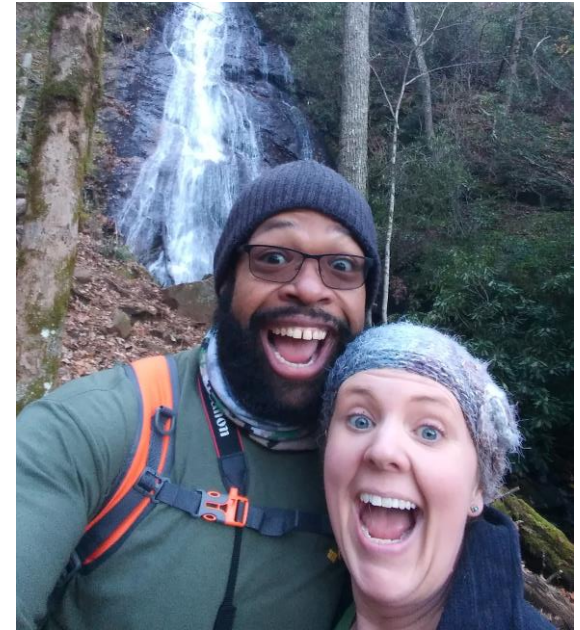




#WeLoveLove




#MustLoveDogs



#WeOnlyGetOne



So
What?



“What we know matters
but who we are matters
more.”

Known to Self

Not known to self

Known to
others

OPEN

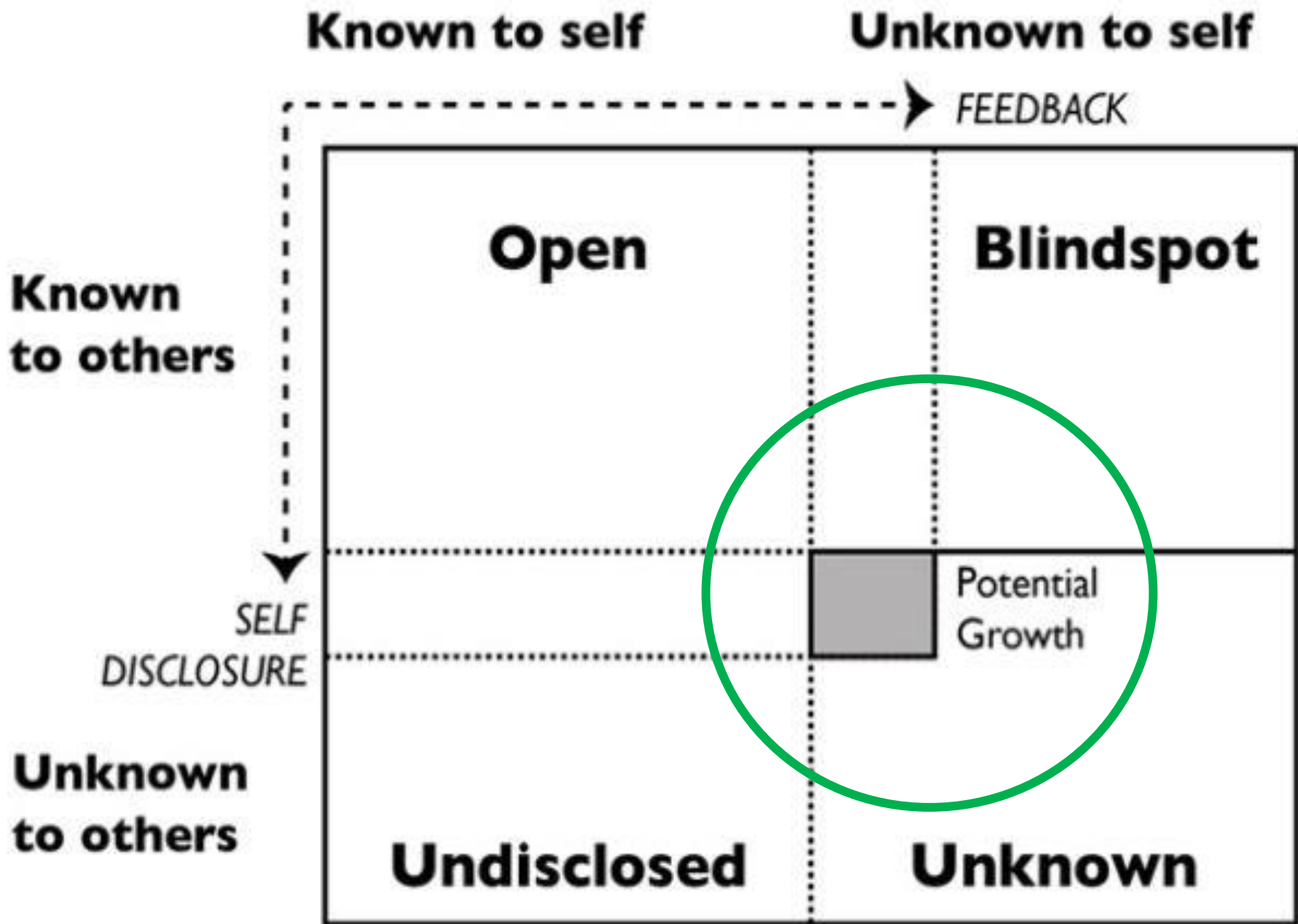
BLIND SPOT

Not
known to
others

HIDDEN

UNKNOWN

The Johari Window (Luft, 1969).

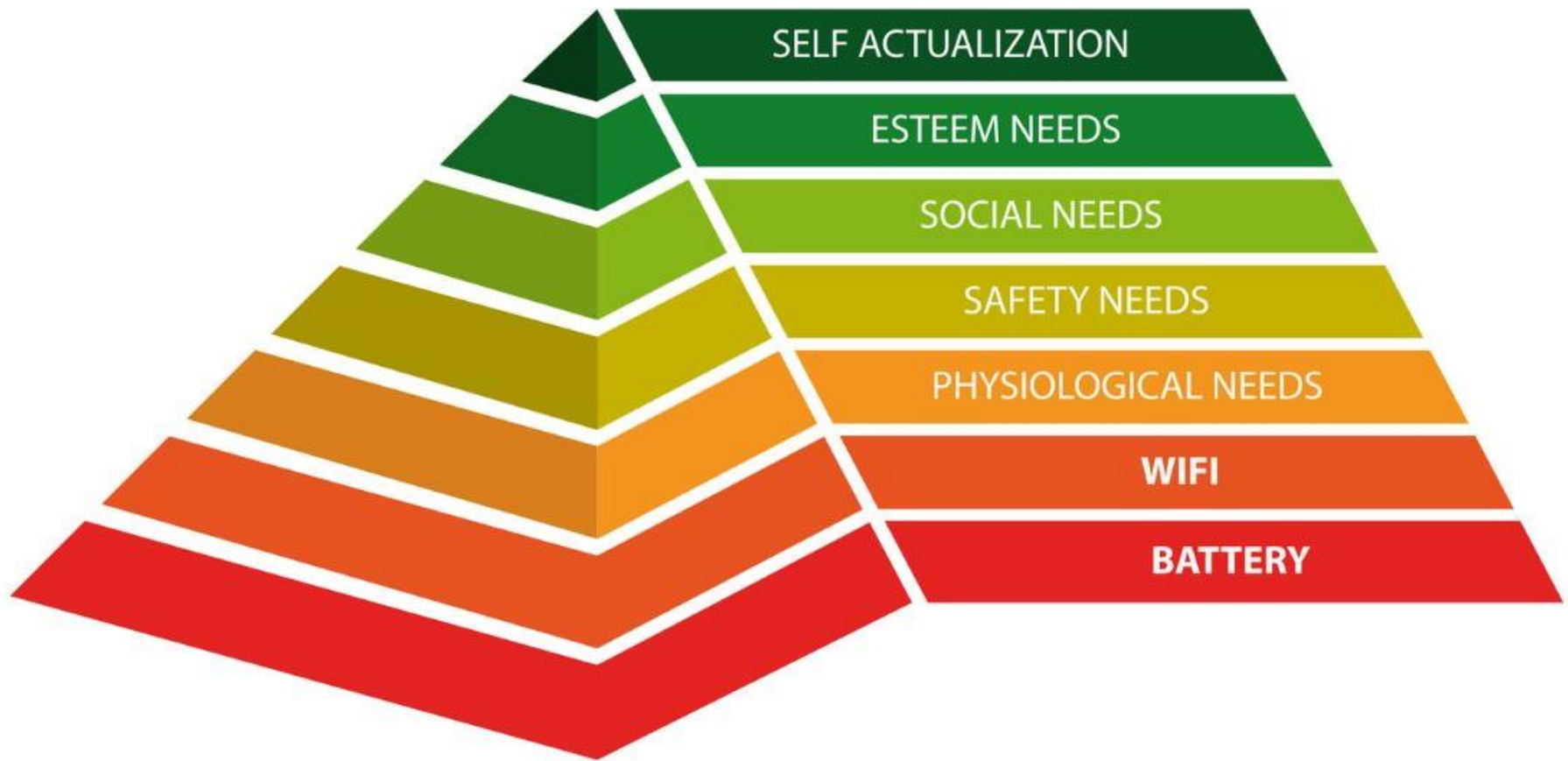




Maslow's Hierarchy of Human Needs









What is your biggest accomplishment in life?

What's next?

T I M E

T O

S H A R E



Hard Truth

What motivates
you is **NOT** what
motivates others.
That's OK!







Challenges of Change

What are the first 4 words that come to mind when you hear the word change?



Change is
inevitable

Tradition holds
it back

Changing an
element of
the system
doesn't change
the system

Big Picture

Change can take
between 18-24
months to be
fully accepted
by a group





Listen for
the word
"NEW"

Trick of the Trade

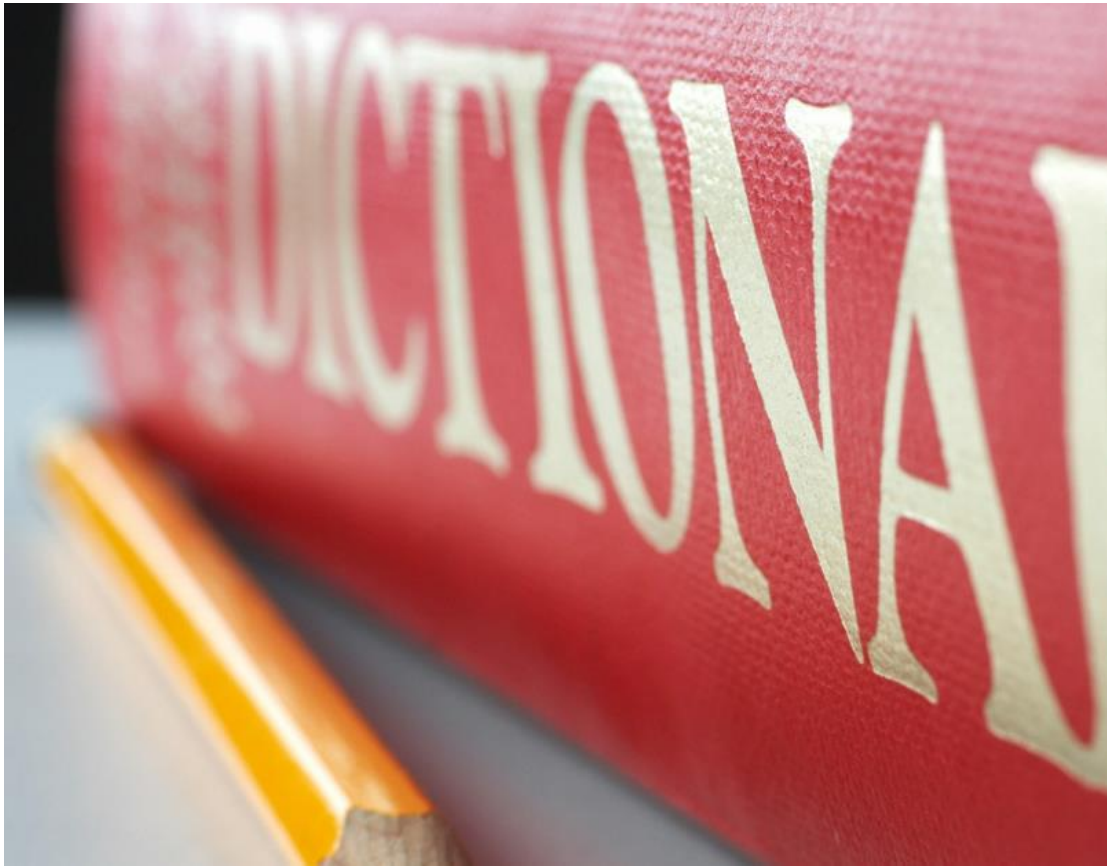


Is It You?



EMOTIONAL INTELLIGENCE





Emotional Intelligence

The ability to
validly reason
with emotions



Five Categories of EI

Self-Awareness

Self-Regulation

Social Skills

Empathy

Motivation



The Bumble Bee and the Blowfly



Thank You!

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Leadership Development & Training